



REB-UND PLAN



SAFETY REP TRAINING MODULE

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OUR NEWEST TEAM MEMBER

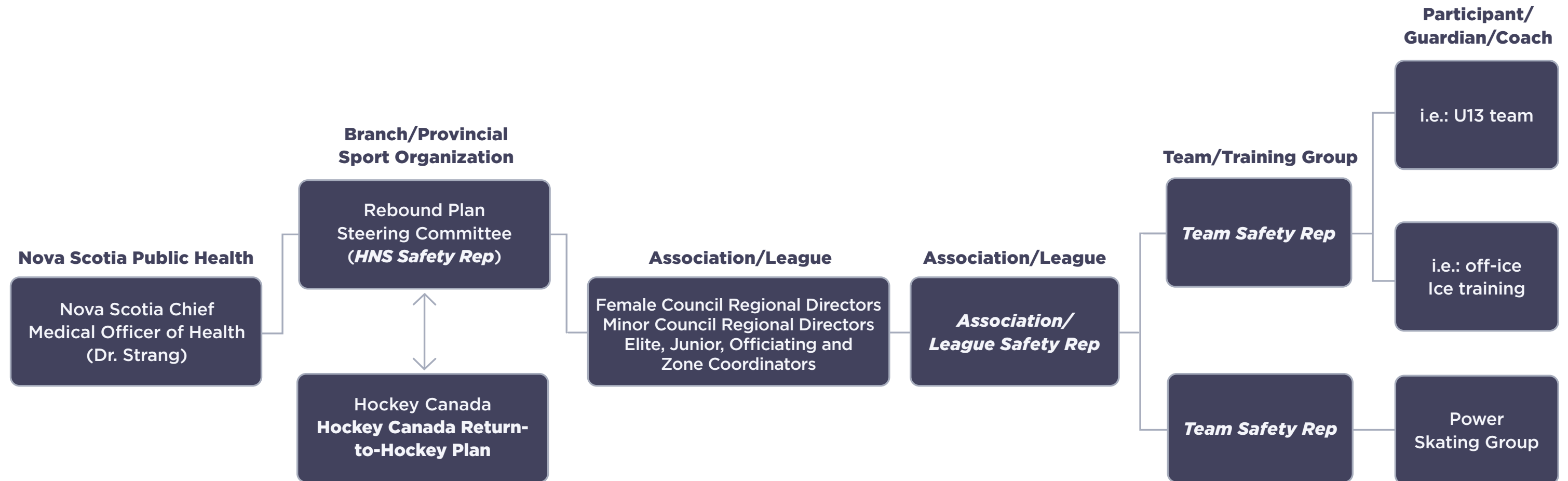


A faded background image of three hockey players and a referee in a huddle on an ice rink. The players are wearing CCM jerseys and helmets, and the referee is in a striped shirt. They are all holding hockey sticks and appear to be in a strategic discussion.

REB○UND PLAN

[CLICK HERE FOR MORE >](#)

SAFETY ROLES AND COMMUNICATION FLOW



Responsibilities include:

- To receive *Rebound Plan* updates from Hockey Nova Scotia (via their council regional director)
- To meet with *Team Safety* Reps and to provide information and Rebound Plan updates
- Act as *liaison* between the teams and their local facilities

SAFETY REP REQUIREMENTS

- ☒ **Completion of Criminal Record Check (CRC) with Vulnerable Sector Verification**
- ☒ **Hockey Canada Planning a *Safe Return to Hockey* E-learning module**

Both *must be completed* by December 1st.

HOCKEY CANADA HOCKEY UNIVERSITY PLANNING A SAFE RETURN TO HOCKEY E-LEARNING MODULE

To register for this free online module, log in to your *eHockey* account and sign up for the course here:

<https://ehockey.hockeycanada.ca/ehockey/account/login.aspx>

If you do not have an account, you can register for one by following these steps:

<https://ehockey.hockeycanada.ca/ehockey/accountAccountExplanation.aspx>

TEAM SAFETY REP – ROLES AND RESPONSIBILITIES

- 1** Receive updates to Nova Scotia Public Health guidelines, ***Rebound Plan*** updates, and local facility guidelines from the ***Association/League Safety Rep.***
- 2** Meet with participants, parents/caregivers, coaches, and managers before the season begins to walk through the ***Rebound Plan*** and the COVID-19 guidelines of their local facilities.
- 3** Ensuring that the ***COVID-19 participant self-screening*** is conducted for each participant before each training (on and off-ice) session.
- 4** Complete and store the ***screening registry.***

Responsibility #1

Receive updates to Nova Scotia Public Health guidelines, *Rebound Plan* updates, and local facility guidelines from the *Association/League Safety Rep.*

[CLICK HERE TO VISIT NS PUBLIC HEALTH >](#)

[CLICK HERE TO VISIT HOCKEYNOVASCOTIA.CA >](#)

Responsibility #2

Meet with participants, parents/caregivers, coaches, and managers before the season begins to walk through the *Rebound Plan* and the COVID-19 guidelines of their local facilities.

Facility Guidelines

At the facility, be aware of their guidelines concerning:

- **Physical distancing**
- **Number of people allowed in facility**
- **Signage**
- **Restricted areas**
- **Dressing rooms**
- **Temporary/alternative dressing rooms**
- **Cleaning and sanitation guidelines**
- **User behaviour protocols**
- **Building access protocols**
- **Communication**
- **Hygiene**

Responsibility #3

Ensuring that the ***COVID-19 self-screening*** is conducted for each participant and coach before each on or off-ice session.

CLICK HERE FOR MORE >

SCREENING TOOL

1

Are you feeling unwell or do you have new or worsening health symptoms?

If yes, stay home and avoid public spaces, including work, school/child care, and shopping.

2

In the past 48 hours have you had, or are you currently experiencing, any of these symptoms?



Fever (i.e. chills/sweats) **OR** Cough (new or worsening)

OR two or more of the following symptoms (new or worsening);



Sore throat



Runny nose/nasal congestion



Headache



Shortness of breath

If yes, stay home and complete the COVID-19 self-assessment online,
<https://covid-self-assessment.novascotia.ca/>. If you are unable to access the online tool, call 811.

3

In the last 14 days, have you travelled outside Atlantic Canada?

If yes, you must stay home. You are required by law to self-isolate for 14 days upon return to Atlantic Canada.

4

In the last 14 days, have you had close contact (within 2 metres / 6 feet) with someone confirmed to have COVID-19?

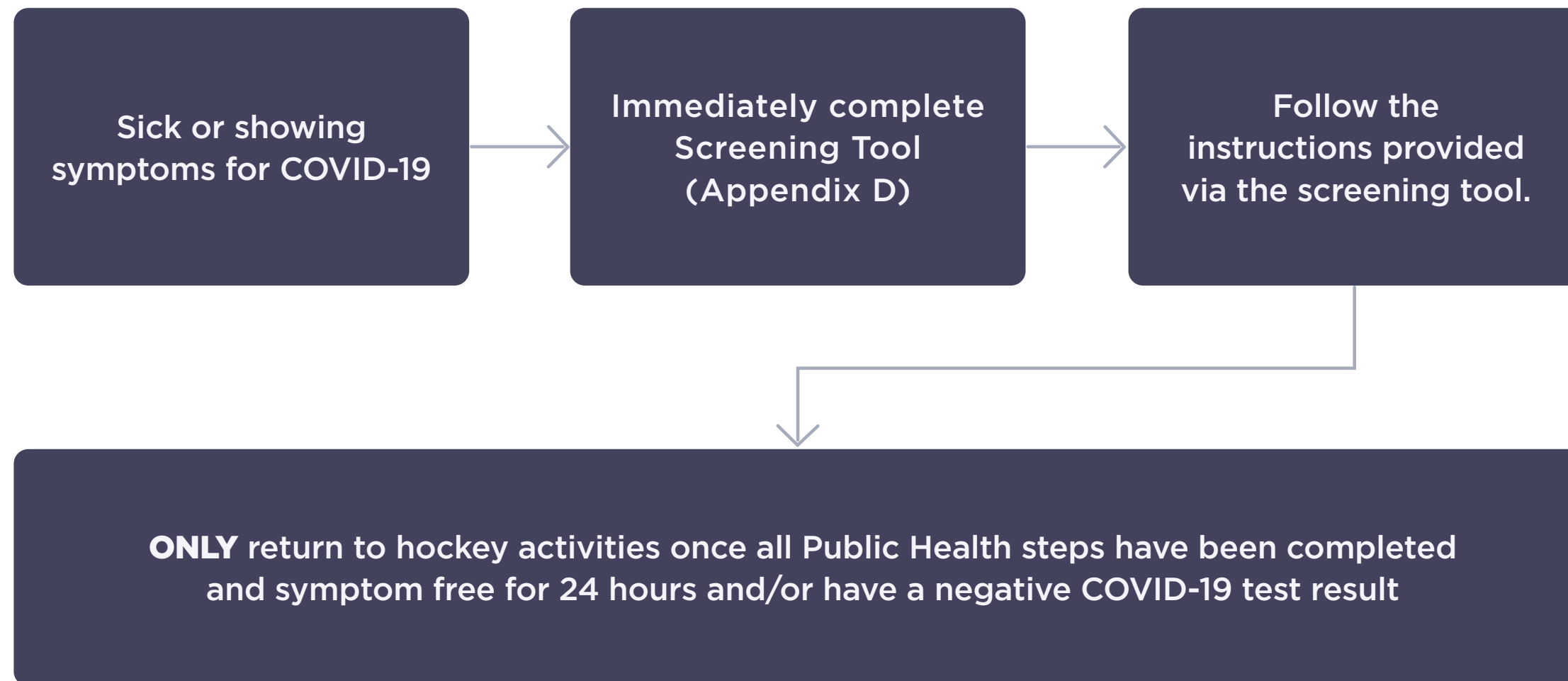
If yes, you must stay home. You are required by law to self-isolate if you have been identified as a close contact of someone with COVID-19. If you haven't spoken with Public Health or been tested, you should contact 811 to be screened for testing for COVID-19.

5

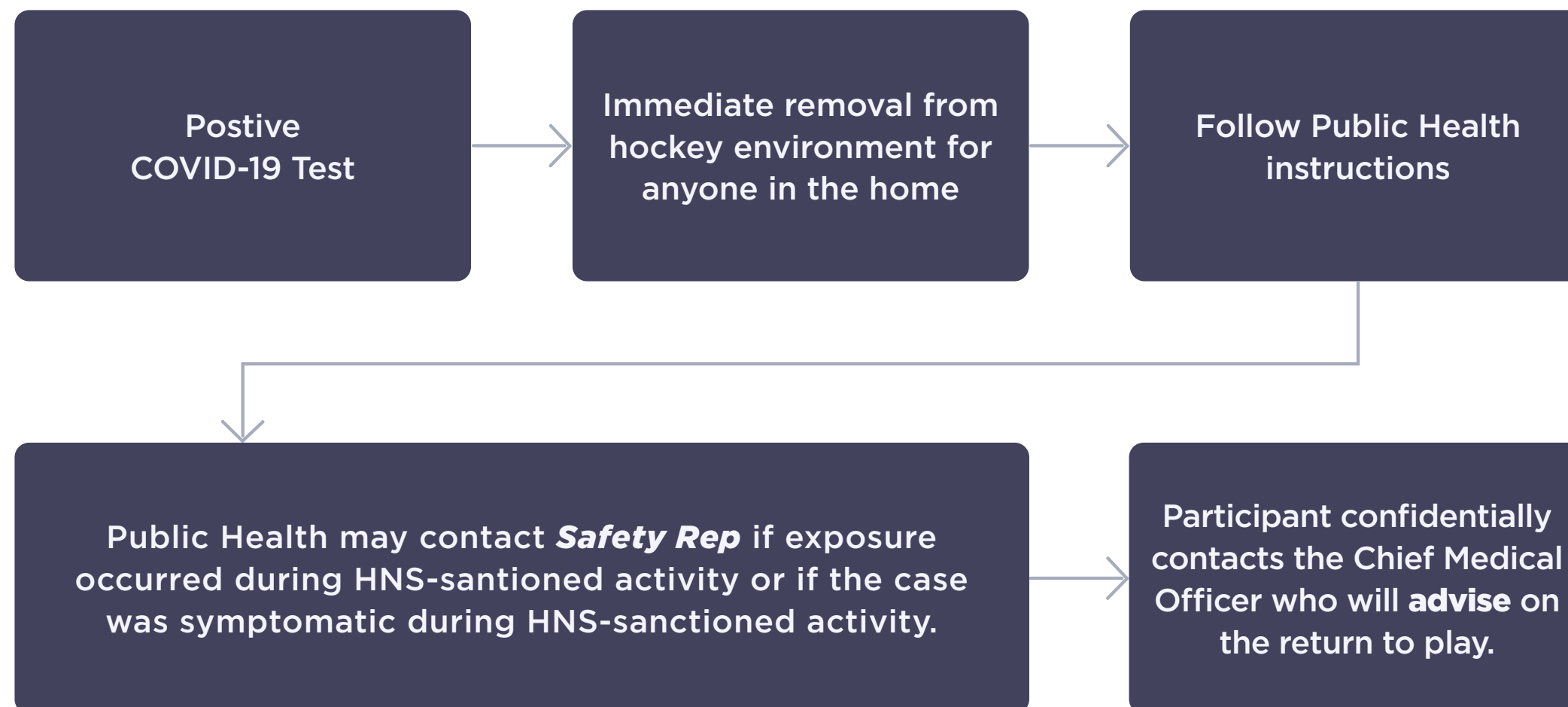
Are you waiting for results from a COVID-19 test?

If yes, stay home. You are required by law to self-isolate while awaiting COVID-19 test results. Please follow instructions given by Public Health.

If a participant *has* symptoms:



If a participant has tested ***positive*** for COVID-19:



Responsibility #4

Completing the *screening registry*.

CLICK HERE FOR MORE >

HOCKEY NOVA SCOTIA PARTICIPANT SCREENING REGISTRY				
Date:		Facility Name (location):		
Start Time of Session:		End Time of Session:		
Safety Rep:		Phone #:		
#	Player/Coach Name (first, last)	Team/Group	Contact Number	Answered "No" to all screening questions
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IMPORTANT LINKS

Hockey Nova Scotia – Rebound Plan

<http://www.hockeynovascotia.ca/>

Hockey Canada – Return to Hockey

<https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey>

Province of Nova Scotia – Public Health

<https://novascotia.ca/coronavirus/>

THANK YOU.

